



Goodwin Village

Newsletter

October/November 2022

CARE MANAGER REPORT

Spring is in the air (some days anyway). There are some beautiful gardens around town and the Village with the feel of the warmer weather arriving. I hope you all have your vegetable patch ready for planting around Donald Show time as the wise people advise us.

The Garden cart outside Sunset Lounge has been planted out with new petunias for a summer show piece. At present the small seedlings are enjoying the fresh rain water.

The Aged Care Industry held a Royal Commission over the last few years to see how to better care for people in need of Home and Residential Care. This was conducted to ensure all providers were doing the right thing. However, it has made for many more reportable documents to the Aged Care Quality and Safety Commission.

We are currently reporting to the commission quarterly on falls, pressure injuries, restraints, weight loss or gain, polypharmacy (taking more than 9 medications) and anti-psychotropic medication use. This is all fine as we believe these areas need close monitoring so facilities do not neglect the resident's wellbeing. There is going to be an increase in this reporting over the next few months.

A Resident meeting is held on the 2nd Monday of each month and the minutes are available for all families to read, please call Goodwin Village during office hours and we can get a copy to you.

The hostel has remained at full occupancy over the last 2 months. We have welcomed Peggy Davidson and Marion Bayles. They are both sure to enjoy the vast activity program provided and the excellent care at Goodwin Village.

Respite has also been very busy with Jan and Haydn Jones from Charlton and Gus Edwards utilising the respite facility.

We welcome new staff members Lara Savage, Hayley Caine and Hayley Martin.

We still have some Covid-19 regulations which include the daily RAT for staff and visitors and the wearing of N95 masks. You will all be advised if things change. We do welcome you all and are more than happy to provide you with the RAT and masks.

We love visitors.

Stay happy and enjoy the Spring sunshine – Outdoor activity boosts your Vitamin D levels which also assists with bone strength. I give you all the challenge to get outdoors each day for a short or long walk. Absorb some sunshine and vitamin D to protect yourselves.



Lynne Walsh

BOARD NEWS

COVID-19

We are fortunate to have not had COVID-19 in the building since July. Thanks to staff families and others for your vigilance so far. It is much simpler to keep the building functioning without COVID-19.

UNIT 23 – RICHARDSON HEIGHTS

The roof has gone onto Unit 23.

UNIT 27 – RICHARDSON HEIGHTS

We welcomed Marika Ozbagi into Unit 27 during August.

DINING ROOM

The Dining Room has had some new artwork put up, and some decorative shelving installed.

RESIDENTIAL CARE VACANCIES

The residential care facility is fully occupied, and we now have a substantial waiting list.

RESIDENTIAL CARE POLICIES

All residents and their families/carers in our residential aged care facility need to be aware that Goodwin Village has a range of policies governing the care of the residents, and the administration of the Johnson-Goodwin Memorial Homes. Residents and their families/carers are welcome to view or receive a copy of any of those policies at any time.

ANNUAL MEETING

The Goodwin Village Annual Meeting will be held at the Donald Learning Centre on Monday 24th October 2022 at 8.00pm. The evening starts with a finger food tea at 6.30. before the meeting at 8.00pm. Charge for the meal is \$10.00 which makes you a member of the organisation.

NEW COMPUTER SERVERS

We are having to replace our computer servers that hold all of the computer data in the organisation. The current ones are outdated and don't have much capacity left. This is a significant cost to the organisation being around \$40,000.

VILLAGE WEBSITE www.goodwinagedcare.org.au

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

RETIREMENT UNITS

Goodwin Village has a range of retirement Units. All are currently occupied. Features of the Units are....

- A financial deal to suit everyone.
- No maintenance or garden worries anymore.
- Priority on waiting list for Goodwin Village residential care at end of occupancy.

The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.

The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry

ACTIVITIES

Another couple of cold wet months have passed us by with Keith Smith and Don Broughton keeping us all updated recording on the rainfall chart displayed in the southeast wing. Once a farmer, always a farmer!

At the beginning of August, we had the Commonwealth games, which we held our own Goodwin games. The sports that were played were shot putt, quoits and goal shooting. The residents enjoyed the sportsmanship, competitiveness and comradery playing the games. A Freddo Medal ceremony was held for each resident and Advance Australia Fair was played.

Lynne Walsh presented a power point of her trip around Australia in her camper trailer, doing a commentary of each photo. Residents and a few family members attended in the southeast lounge whilst having morning tea and were very interested and inquisitive of Lynne's adventure.

Car drives have been very popular with residents wanting to see the beautiful yellow canola crops that are looking magnificent at the moment.

A new activity that has been introduced is croquet. The residents have really been keen to have a go at playing and had lots of laughs especially when Marion Bayles hit the ball and it smashed to bits!!

How good is it to finally be playing a full uninterrupted season of football? The residents were keen for the season to start with 24 participating.

Our top 6 placegetters were; 1st Don Broughton
2nd Steve Currie
3rd Bob Baker
4th Gerry Hazewinkle
5th Audrey Alexander
6th Marj Hill

Don led for a continuous 17 weeks which is a great effort. 3 people picked the perfect score of 9 throughout the season, well done to Marj Hill, Margaret Burchell and Don Broughton. Unfortunately, we had to hand out a wooden spoon, well done to Janice McArthur on winning this award.

Staff were just as eager for the season to begin with 16 participating, next year staff will have the opportunity to complete tips online.

The top 4 placegetters; 1st Jenny Guthrie
2nd Michelle Donnellon & Trish Anderson
3rd Jodie Westerland
4th Anthony Hogan & Katrina Brennan

Jenny led for a continuous 9 weeks, well done Jenny. People that picked the perfect score of 9 throughout the season were; Shell Tatt, Jenny Guthrie, Di Jackson (twice), Amanda Milne (twice and was also the wooden spooner last year), Maryanne Paris and Trish Anderson (twice), well done to those people. Wooden spoon was won by Alex McLachlan.

A big thank you to all those people that participated, it was all about having fun, no need to have a footy brain as this was of no benefit as people would tell you. Participation was the key word and everyone enjoyed the 2022 season.

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Pat enjoying chatting with 5-year-old Ari Milne



Trish, Janice & Marj showing off their chocolate frog prizes



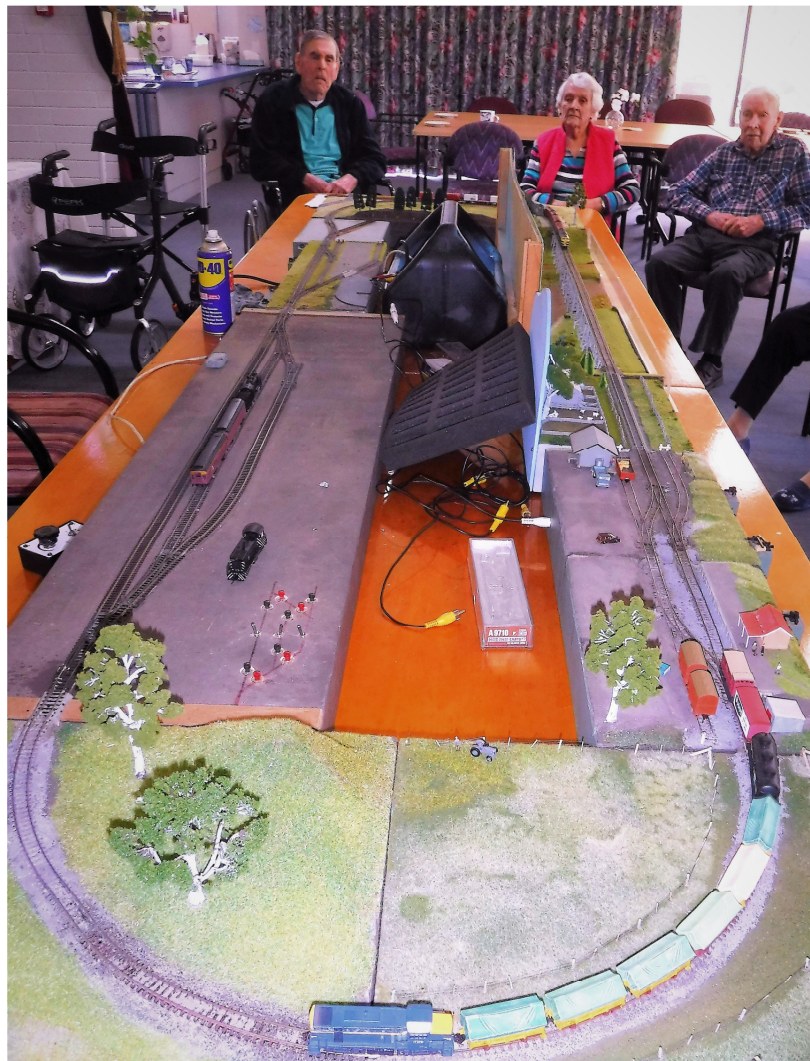
Hilda's 101st birthday celebration with her niece Sarah Bayles



1st prize in the resident footy tip to Don and 2nd to Steve – receiving their prizes from Trish



Celebrating Footy colours day with a special lunch in Riverside Lounge



Bob, Peggy and Allan enjoying the model train display bought to the village by Andrew George

Donald's Johnson-Goodwin Village

(By A Resident)

For a town of 1800 this place is really great;
The services they have here are as good as interstate.
At the Johnson-Goodwin Village as I write this little rhyme
The staff are just tremendous, they help you all the time.
You only have to ask them to do something for you
And you can bet that it is done, before you count to two.
The tucker it is something, it is really like home cooked,
You can bring your friends on Sunday as long as you are booked.

The rooms and beds are cosy, they're very, very bright;
You'll find a television in the room to use at night.
The place is cleaned, the beds are made, the washing it is done,

To cop the lot, well, you can bet it's ironed by someone!
The entertainment in the house is really, really great,
To have it any better would be far beyond debate.
Then there's the lawns, they're all around, attended by young Ack.,
They're so big that when finished, he just goes and has a nap.

Some veggies cultivated by the people at the ground
Are used up in the kitchen, the economy is sound.
I cannot tell you everything, things here are really fine,
There's so much here of interest, I haven't got the time!

A poem written by a resident which was later published in the local paper

**A senior citizen called her husband during his drive home.
“Herman, I just heard on the news that there’s a car going the wrong way on Interstate 90. Please be careful!”
Herman replied, “It’s not just one car. There are hundreds of them!”**

You would think that taking off a snail's shell would make it move faster, but it actually just makes it more sluggish.



***** UPCOMING EVENTS *****

OCTOBER

Wednesday 5th – Parker's Mini Circus
Friday 7th – Anglican Church Service 2pm
Monday 10th – Resident Meeting at 10.30am
Friday 14th – Village Singers 2pm
Wednesday 19th – Shanes Shed 10.30am
Wednesday 19th – Uniting Church 2pm
Thursday 20th – Catholic Mass 2pm
Tuesday 25th – Bev Gilmour & Singers 10.30am
Thursday 27th – Bus Drive

NOVEMBER

Friday 4th – Anglican Church Service 2pm
Friday 11th – Village Singers 2pm
Monday 14th – Resident Meeting 10.30am
Wednesday 19th – Shanes Shed 10.30am
Wednesday 16th – Uniting Church Service 2pm
Thursday 17th – Catholic Mass 2pm
Tuesday 22nd – Bev Gilmour & Singers 10.30am

Birthdays



OCTOBER

4th October – Edna Dixon
13th October – Don Broughton
22nd October – Shirley McRae
31st October – David McDonald

NOVEMBER

15th November – Greg Werner
19th November – Joyce Harmer

Happy Birthday to you all!



Resident Profile

Name: Bob Baker

Where were you born? Donald

Did you have a nickname when you were young? Bobbie

First job? Apprentice Motor Mechanic (with Alec Hunter)

What were you best at in school? Mathematics

Where and when were you married? Armadale Methodist Church

- 17th Feb 1951

What things did you and your best friend love to do? Rabbiting

What chore did you absolutely hate when you were younger?

None of them

What was the most embarrassing thing that happened to you

when you were young? Asking a friend how her husband was

and he had already passed away

If you could have lunch with one person, who would it be? Peggy

my late wife

Favourite meal: Roast Lamb with mint sauce

Favourite dessert: Creamed rice with sprinkle of sugar & plenty

of cream

Favourite drink: Milk

Favourite Singer: Blue

Favourite Flower: Bing Crosby

Favourite colour: Rose

Favourite Book: Any Agatha Christie



Families & friends are advised that our gazebo in
Riverside Lounge Gardens is now available for use by families

and visitors. 🤗



Staff Profile

Name: Terrie Hawkes

Where were you born? The Mallee town of Ouyen, I was the 4th child to Mavis & Bert Cullen, who then had another 3 children

First job? Waitressing at The Donald Hotel. It was owned & ran by Mike & Dulcie Molan at this time about 1975, it was a very busy job

What were you best at in school? Typing

What did you and your best friend love to do together? When I was very little & lived in Watchem I played lots of different games, but we loved making mud pies & playing 'house'

Where and when were you married? married Leigh Hawkes at St Georges Anglican Church, Donald, 1979

What chore did you hate when you were young? I didn't have a lot of chores, but the usual dusting & dishes

What was the most embarrassing thing that happened? At my wedding the minister asked everyone to sing a hymn twice as they didn't sing well enough the first time

If you could have lunch with one person, who would it be?

Anyone who would like to come

Favourite meal: Good old Roast Lamb

Favourite dessert: Crème Brulé

Favourite drink: Iced Coffee

Favourite colour: Pink

Favourite flower: Orchid

Favourite book: The Magic Faraway Tree



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being

Goodwin Village is committed to providing a safe and respectful environment

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.