



Goodwin Village

Newsletter

June / July 2023

CARE MANAGER REPORT

Winter has arrived and our leaves from the Autumn fall have blown away. Extra heaters are on, more clothes on and less outdoors for us all. Even though it is cold I challenge you all to still get on those coats, scarves and beanies and go outside for a 30 minute walk each day or at least three times a week.

We welcome Rosalie Pearce to Goodwin Village. Rosalie is enjoying the friendship and interaction with other residents. There is always plenty to do to keep you occupied in Residential Care. Trish Anderson spent a few weeks with us in May. Trish has now moved back to Horsham closer to her family. We all enjoyed her company during this short stay.

With sadness we express our condolences to the families of Keith Smith, Owen Duncan, Bob Gilmour and Peg Davidson.

Staffing continues to change with Hayley Caine moving back to Rockhampton. Hayley has been a fantastic, enthusiastic and reliable staff member over the previous 12 months. Staff and residents are already missing her smile and kindness to everyone. Good luck for your future ventures Hayley.

Hannah Gielis has joined the care team. Hannah is currently studying nursing and working for us as a personal carer in between her study commitments.

Singh Gurjot is back from several nursing placements. Singh is also studying nursing.

Technology has quickly moved into aged care. We have received funding through the Public Health Network for a telehealth hub. This will be used for telehealth between, doctors, specialists, dieticians, speech pathology and anything else that comes our way.

Medication charts will be going electronic in the near future as well. We already have access to the online connection through Webstercare with the Pharmacy. This will then extend to the doctor. Medication charts and prescriptions should all be online some time in 2024.

Allied health access has been difficult over the last few years. However, this has improved over the last few months. Royal Flying Doctors will be providing optometry services onsite in late June. The appointments are already fully booked.

Audiologists from Ballarat Hearing Services visit onsite as required. We currently have 12 residents who use this service.

Dietician services commenced in late May. The dietician had a 2-day site visit and will do telehealth in two months' time. They will mix between site and telehealth visits. The dietician has given us lots of good advice to assist all residents maintain a healthy weight and diet. The dietician has input into our menu and assists the cooks with the implementation of the healthy nourishing diet choices.



Happy Winter
Lynne Walsh
Care Manager

BOARD NEWS

COVID-19

We had a COVID-19 outbreak during April. The virus seems to be having less impact these days. We still have to be vigilant in our infection control to minimise the number of infected residents. Due to the health risks associated with the virus we need to do all we can to protect our residents.

RESIDENTIAL CARE

The residential care facility has a couple of empty rooms. Although we have a waiting list, we don't have anyone looking to come into care just at the moment. There is still quite a bit of respite available over the coming months.

NEW STAFF

We have some nursing students that have joined our staff to work as personal carers during their roster and semester breaks. The student nurses are Hannah Gielis and Luke Slater. Melissa Bridgeman has also joined our staff in the cooking/food & domestic services area.

BULLOCK'S HEAD APARTMENTS

We have Apartment number 2 available to short-term stays at the moment. The Apartment has one bedroom, a spacious living area and two single beds on an upstairs mezzanine floor. The Apartment is in the centre of town. The rate is \$160 (inc GST) per night but the nightly rate decreases after a week.

NEW ROAD IN RICHARDSON HEIGHTS

The Board of Goodwin Village has approved the building of a 'hot mix' road in Richardson Heights to allow for the building of 4 further 2 bedroom Units with double garages. While doing this work we are re-sheeting and widening the service road that services the residential kitchen & laundry areas.

NURSING & CARE POSITIONS AVAILABLE

We are always looking for staff. Our focus is trying to appoint some more nurses. We would like to find some more Registered and Enrolled Nurses to take a team leadership role on the 'floor'. As a few of our care staff have indicated they are approaching retirement we are also looking for personal carers.

POLICIES & PROCEDURES

The way Goodwin Village operates is governed by policies and procedures often in response to government rules and legislation. If any residents or their families are wanting to view any of these policies and procedures at any time, they are welcome.

<p style="text-align: center;">GOODWIN VILLAGE</p> <p style="text-align: center;">COMMUNITY CARE</p> <ul style="list-style-type: none">• Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.• Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.• Goodwin Village can travel to other towns to provide services if required.• 'Fee for service' available for people paying themselves.	<p style="text-align: center;">GOODWIN VILLAGE</p> <p style="text-align: center;">RETIREMENT UNIT 27</p> <p style="text-align: center;">is available. Ingoing \$140,000</p> <p>Goodwin Village has a range of retirement Units and Unit 27 is currently available. Features of all Units are....</p> <ul style="list-style-type: none">• A financial deal to suit everyone.• No maintenance or garden worries anymore.• Priority on waiting list for Goodwin Village residential aged care at end of Unit occupancy.• Financial details of units available on request. <p>The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.</p> <p>The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry.</p>
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ACTIVITIES

The last days of Autumn are upon us and will make way for the cooler days of Winter. The residents have certainly enjoyed the sunshine outside RSL to sit and read, knit or just enjoy listening to the birds or viewing the new garden ornaments. These include a windmill, emus and swans.

The residents continue to enjoy and participate in the varied activities on offer. Pampering & having their fingernails painted, listening to Silver Memories, croquet, keeping fit during exercises & the ever-popular Bingo are just a few of their favourites. The residents also love going on regular car drives & are quick to put their names on the list, so they can enjoy the sights of the Donald township & countryside whilst doing lots of reminiscing. Easter Sunday saw a visit from the Easter Bunny and there was lots of chocolate to share.

The AFL footy tipping continues to be of great interest and very competitive, the front runners after round 11 are Bob Baker and Steve Currie. The leaders of the staff competition are Di (69), Carol (68) and Brian, Michelle & Anthony (67).

All residents enjoyed a special high tea celebrating Mother's Day. A quiz was held on when Mother's Day started and why, then we finished with some jokes for a very enjoyable morning.

We have been fortunate to be able to use the EWHS bus to transport 13 residents to St Arnaud to view the art works around the town, which were all painted by local resident Kyle Torney.

We thank Harry & Denise Harmer for making the trip to Donald in one of their 'hotrods'. All the residents were thrilled to see such a beautiful vehicle, especially Harry's Mum Joyce. Lots of discussion was had about the process of doing it up, the previous owners and the cost of the car. Greg even got to go for a spin with Harry.

The Winter weather will see us spending a little more time indoors reading, playing cards, jigsaws and boardgames. When the sun does come out we will be taking walks around the Village grounds and enjoying some fresh air.

[Keep up to date with some of our activities by following our Goodwin Village Facebook page.](#)

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Joyce with her son Harry and the 'hotrod' he bought to Donald to show the residents



Residents enjoyed a bus trip to look at the art around St Arnaud



Dina checking out the new garden ornaments outside RSL



Mary, Marion, Lorna & Marg B with Easter Bunny

***** UPCOMING EVENTS *****

JUNE

- Friday 2nd – Anglican Church Service 10am
Tuesday 6th – Residents Meeting 10am
Friday 9th – Village Singers 2pm
Monday 12th – King's Birthday Holiday
Tuesday 13th – Kinder Gym visiting 10am
Thursday 15th – Shane's Shed 10am & BBQ day
Thursday 15th – Catholic Mass 2pm
Wednesday 21st – Uniting Church Service at 2pm
Tuesday 27th – Bev & Singers 10.30am
Wednesday 28th – **Pink Day**

JULY

- Friday 7th – Anglican Church Service 2pm
Monday 10th – Resident Meeting 10.30am
Friday 14th – Village Singers 2pm
Wednesday 19th – Uniting Church Service 2pm
Thursday 20th – Catholic Mass 2pm
Tuesday 25th – Bev Gilmour & Singers 10.30am

Birthdays 

JUNE

- 20th – Allan Gardy
25th – Hazel Clark

JULY

- 14th – Joan Beckham
25th – Mary Paynter

Happy Birthday to you all!



Resident Profile

Name: Hazel Clark

Where were you born? Rupanyup

Did you have a nickname when you were young? Youngie

First job? Helping Mum & Dad with house and farm work

What were you best at in school? Everything

Where and when were you married? Rupanyup in 1950

What things did you and your best friend love to do? Playing tennis & going to dances

What chore did you absolutely hate when you were younger?

Emptying the toilet

What was the most embarrassing thing that happened to you when you were young? Not locking the door of the disabled toilet on the observation deck in the Rialto & a cleaner opened the door

If you could have lunch with one person, who would it be? My

Daughter

Favourite Meal: Prawns

Favourite Dessert: Fruit Salad

Favourite drink: Pineapple Juice

Favourite Flower: Roses

Favourite Singer: Johnny Cash

Favourite Colour: Blue

Favourite Book: The way of an Eagle



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🤗



Staff Profile

Name: Michelle Donnellon

Where were you born? Donald

Did you have a nickname when you were younger? Mitch

First job? Deli & register work at Weir's IGA Donald

What were you best at in school? Home Eco & Geography

What did you and your best friend love to do together? Roller skating & listening to music

Where and when were you married? Donald Racecourse on 22nd April 2006

What chore did you hate when you were young? Drying dishes

If you could have lunch with one person, who would it be? My whole family (I couldn't just pick 1)

Favourite meal: Risotto or my Mum's Roast Lamb

Favourite dessert: Chocolate Mousse

Favourite drink: vanilla vodka & Pepsi Max

Favourite colour: Purple

Favourite Singer: Bernard Fanning

Favourite flower: Lilly

AFL Team: Adelaide

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being.

Goodwin Village is committed to providing a safe and respectful environment.

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence.
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.