



Goodwin Village

Newsletter

February / March 2023

CARE MANAGER REPORT

Welcome to 2023. The sun is still shining and we are all over our New Year festivities and our holidays ready to get in to the full swing of 2023.

A big welcome to our new staff members Eliza Phillips, Srishti Rimal & Chloe Livingston.

A big thankyou to the Donald Caremore Pharmacy for their kind donation of \$1500 from the sales of calendars. This money will be put towards items for the resident's lifestyle program. Donations like this are so welcome to our organization. We are able to purchase those extra few items to expand our already robust lifestyle program.

Paul Brooks has also kindly donated a new wooden framed blackboard to be used as a menu board in the dining room. Up against our freshly painted wall it will look fantastic and bring a modern touch to the room.

Dr. Oleg has had his well-earned leave and is now back to making visits each Tuesday afternoon. Residents who need a doctor in between these visits are always assisted to the clinic by our staff and families. We have had an increase in the use of Telehealth recently for specialist appointments such as geriatricians, older persons mental health and the stroke units.

During the pandemic our access to audiology, optometry and podiatry was a bit scarce. Andrew from Grampians Health is back to regular podiatry visits. Audiology visits are now accessed from Ballarat Hearing and Campbell is able to assist us with residents' audiology needs. We are still seeking out a return of the Royal Flying Doctors optometry service, which had its funding cut during the pandemic. We are hoping they can call on us at Goodwin Village.

Resident/Relative meetings are held on the 2nd Monday of each month at 10.30am. Families are most welcome to attend these meetings. The minutes are also available by contacting reception or they are placed in the folder at the front entrance.

Policies and processes are continually being reviewed and updated by the Quality Team. If any resident or relative would like to view any specific policy or receive more information on these they may contact the Quality Team through reception and we will assist you.

Visits to Goodwin Village still require you to have a RAT within the last 72 hours. We also need to continue to wear a surgical mask. This is the guidance we are advised of by the public health unit. Influenza vaccinations will be provided to all staff and residents again in 2023 by Dr.Oleg. This will occur in late March and April.

Have a fun and active 2023 everyone.

Lynne Walsh – Care Manager

BOARD NEWS

COVID-19

We have had no COVID-19 cases since November 2022. Thank you to staff and visitors for continuing with the mask and RAT regime.

INFECTION PREVENTION AND CONTROL (IPC)

Residential Services Manager and Registered Nurse Paula Noble has agreed to do the education required to become an IPC lead. Lynne Walsh our Care Manager has already completed this course.

UNIT 23 – RICHARDSON HEIGHTS

Plasterer has done his finishing touches. Painting is likely to commence next week.

RESIDENTIAL CARE

The residential care facility is fully occupied, and we now have a substantial waiting list. Our respite room has a few vacancies in March and April

NEW STAFF

We welcome some more new staff to the organisation Srishti Rimal (personal care), Chloe Livingston (food & domestic services) & Eliza Phillips (personal care & kitchen hand)

BULLOCK'S HEAD APARTMENTS

We have Apartment number 2 available to short-term stays at the moment. The Apartment has one bedroom, a spacious living area and two single beds on an upstairs mezzanine floor. The Apartment is in the centre of town. The rate is \$160 (inc. GST) per night but the nightly rate decreases after a week.

NEW ROAD IN RICHARDSON HEIGHTS

The Goodwin Village is investigating the possibility of building the new road in Richardson Heights to service a further 4 new independent retirement units.

ADVERTISING FOR NURSING POSITIONS

We are currently advertising to fill some staffing positions. Our main focus is trying to appoint some more nurses. We would like to find some more Registered and Enrolled Nurses to take a team leadership role on the floor. If anyone has contacts in these nursing skills please send them our way.

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

RETIREMENT UNITS

Goodwin Village has a range of retirement Units. All are currently occupied. Features of the Units are....

- A financial deal to suit everyone.
- No maintenance or garden worries anymore.
- Priority on waiting list for Goodwin Village residential care at end of occupancy.

The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.

The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry

ACTIVITIES

We have had a very busy December in activities with lots of entertainment & visitors. Briony-Anne Pearse and family members played the piano, violin and flute. Singing Christmas carols and playing duets with their instruments. After their performance they handed out homemade biscuits to the residents.

St Mary's school children visited, they danced and sang Christmas carols. The students distributed lovely homemade cards, with a bag of lollies to each of the residents.

Donald Primary School prep, grades 1 & 2 also came to perform Christmas songs and gave the residents cards and a craft decoration which they had made.

The residents love their chats with the children after each of the shows.

We also had our regular monthly sing along with Bev Gilmour and singers and the Village singers. We really appreciate them all so much for volunteering their time to spend with us and to brighten up our days.

The staff and resident lunch was a huge success, a visit from Santa and Mrs Claus made it extra special. All residents received a gift and enjoyed each other's company over a beautiful meal.



Dina, Mary & Marg B enjoying some bubble fun in the outdoors Jan playing croquet being watched by Coral



Mrs Claus (Marie) and Santa (Shane) with Bob



Haydn receiving his Christmas gift



Hilda



Peggy



Pat



Owen



Marion



Lorna celebrated with family for her 100th Birthday

Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.

***** UPCOMING EVENTS *****

FEBRUARY

- Friday 3rd – Anglican Church Service 2pm
- Friday 10th – Village Singers 2pm
- Monday 13th – Resident Meeting at 10.30am
- Tuesday 14th – Valentine's Day
- Wednesday 15th – Uniting Church Service at 2pm
- Thursday 16th – Catholic Mass 2pm
- Tuesday 21st – Shrove Tuesday
- Thursday 23rd – Acoustic show with Jane & Jo McGrath
- Tuesday 28th – Bev Gilmour & Singers 10.30am

MARCH

- Friday 3rd – Anglican Church Service 2pm
- Friday 10th – Village Singers 2pm
- Monday 13th – Resident Meeting 10.30am
- Wednesday 15th – Uniting Church Service 2pm
- Thursday 16th – Catholic Mass 2pm
- Tuesday 28th – Bev Gilmour & Singers 10.30am

Birthdays

FEBRUARY

- 6th – Marj Cameron
- 17th – Marg Hill
- 20th – Gerry Hazewinkle
- 27th – Bob Baker
- 27th Margaret Drake

MARCH

- 16th – Haydn Jones
- 18th – Marion Bayles

Happy Birthday to you all!



Resident Profile

Name: Audrey Alexander

Where were you born? Prahran

Did you have a nickname when you were young? Blonde

First job? Machinist, sewing dresses

What were you best at in school? Good at everything

Where and when were you married? 1957 in Melbourne, in a garden

What things did you and your best friend love to do? Ice

Skating at St. Moritz

What chore did you absolutely hate when you were younger?

Liked doing all chores but hated the smell of the cows when they were being milked

What was the most embarrassing thing that happened to you

when you were young? Nothing really

If you could have lunch with one person, who would it be? My

husband Rex, he was a great man

Favourite Meal: Fish & Chips

Favourite Dessert: Plum Pudding

Favourite drink: Lemonade

Favourite Flower: Daphne & Roses

Favourite Colour: Blue / Green

Favourite Book: Never really been a reader



Families & friends are advised that our gazebo in Riverside Lounge Gardens is now available for use by families and visitors. 🤗



Staff Profile

Name: Monique Livingston

Where were you born? Ballarat

Did you have a nickname when you were younger? Nica or Mon

First job? Waitressing at Donald Hotel

What were you best at in school? Woodwork & Cooking

What did you and your best friend love to do together? Ride our bikes & play hockey

Where and when were you married? I will be getting married in a paddock near Wedderburn

What chore did you hate when you were young? Washing dishes

What was the most embarrassing thing that happened to you

when you were young? Slipping on a rock at Sovereign Hill & falling face first into the gold pan river

If you could have lunch with one person, who would it be?

My Dad

Favourite meal: Lamb Shanks

Favourite dessert: Sticky date pudding

Favourite drink: Milo

Favourite colour: Blue

Favourite Singer: Lee Kernaghan

Favourite flower: Lavender

Favourite book: Too many to choose – anything Danielle Steel

INCIDENT MANAGEMENT

- Policy and process is in place for incident management.
- Types of incidents eg. Medication error, fall, infection, abuse, absconding
- It may be necessary to take immediate action.
- Supervisor / RN to be advised.
- Incidents are discussed at weekly RN meeting.
- Investigation into incident is completed.
- Open disclosure is completed.
- Outcome of incident and recommendations are communicated to Board, staff, residents and their representatives.



MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being

Goodwin Village is committed to providing a safe and respectful environment

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.