



Goodwin Village

Newsletter

December 2022 / January 2023

CARE MANAGER REPORT

The year is coming to an end quicker than we would have all imagined. However, Covid-19 is still hanging around. There have been 2 residents & 2 staff Covid-19 positive over the last month. We have been able to manage these mini-outbreaks with the staffs increased knowledge & adherence to excellent Personal Protective Equipment rules and access to RAT and PCR testing on site.

Visitors are still most welcome at Goodwin Village. You do need to have a RAT prior to entry or bring evidence that you have had a RAT that day. A photo of your RAT near your phone with the date in the background would be accurate and accepted evidence.

You must not visit if you have any symptoms or been a close contact in the last 5 days. Masks will continue to be worn by visitors indoors. As we do have vast gardens and walking paths a visit outdoors is always an option if you do not want to RAT or wear a mask. Goodwin Village's decision on visitors, staff and residents following Covid-19 guidelines is always under the direction and/or recommendation of the Public Health Unit.

We were saddened by the passing of Glenis Bryan and Olga Fostineo (Fos) & extend our sympathies to their family & friends.

The gardens are looking amazing after the abundance of spring rains. The volunteer garden girls were seen recently doing a tidy up of the residents' garden bed outside Riverside Lounge. The garden cart outside Sunset Lounge has its spring/summer bloom of petunias & some roses in the garden surrounding the cart. This area has been a bit tricky to access over the last few months due to the very protective Plovers nesting on the lawns. Hopefully all their chicks will be hatched soon & we can again safely meander through the gardens in this area. The paths are cemented all the way around the buildings including the new wing. Residents & visitors are most welcome to walk throughout these areas & enjoy our well-maintained lawns & gardens.

Residential Aged Care has a list of new reforms over the next few months. We will keep residents and representatives informed as these new reforms come into place. Some of these are:

AN-ACC: Australian National Aged Care Classification is the new funding tool which took over from the 1st October 2022. This tool has replaced the ACFI: Aged Care Funding Instrument. This means external assessors come into Goodwin Village & assess each resident for the amount & type of care they require. Then Goodwin Village is funded against this assessment.

Code of Conduct: 1st December 2022. This is a document that sets out how Providers staff are expected to deliver care & how they are expected to behave. This code is to protect the consumer against any worker who has previously been banned from working in Aged Care. It also ensures staff are treating residents with dignity, respect & offering choices.

Star Ratings: Our overall star rating will be listed on My Aged Care by the end of December 2022. The stars are allocated from information measured against indicators we report each quarter.



Lynne Walsh

BOARD NEWS

COVID-19

We have had 2 COVID-19 cases amongst our residents during the late November early December period.

We have had two infections in our staff during that period as well. Thanks to everyone for their continued vigilance, and co-operation with the COVID-19 issue. Our lack of infections is thanks to everyone being careful.

UNIT 23 – RICHARDSON HEIGHTS

The bricklayer is in full flight, and electrical & plumbing 'rough ins' are done with the walls plastered.

GED RYAN DONATING KOOKAS BISCUITS TO GOODWIN VILLAGE

I am not sure if people can remember from an article in the local paper but Ged Ryan a fellow that runs a company in the Northern Territory that trains people in road transport and earthmoving has previously paid for the provision of locally made Kookas Country Cookies to the residents of Riverview Aged Care at EWHS. Ged has now generously extended his offer to Goodwin Village residents.

RESIDENTIAL CARE

The residential care facility is fully occupied, and we now have a substantial waiting list. Our respite room has not been booked as often as it has been traditionally. It was vacant for the last half of November and early December.

ANNUAL MEETING

Thanks to everyone that attended our Annual Meeting at the Donald Learning Centre. Unfortunately, the guest speaker Angela Hird could not attend due to the flooding in Kerang restricting road access. We are hoping to hear about her topic 'Cycling without Age' some time in the future.

PAULA'S OFFICE

Paula Noble has relocated to a refurbished office closer to the middle of the residential care building.

NEW STAFF

We have had quite a few new staff commence in the organisation recently these include Singh Gurjot (personal care), Mandy Rogers (kitchen), Emma-Lee Merrin (personal care) and Leon Mann (cleaning/kitchen). We have also had 4 school students commence in the kitchen, Ben Krause, Millie Lydom, Lainey Mortlock, and Hunter Wingfield.

GOODWIN VILLAGE

COMMUNITY CARE

- Supporting people in their own homes – personal care, house cleaning, gardening & home maintenance, respite & shopping.
- Goodwin Village works with most of the Community Care Approved Providers including Uniting Agewell, Benetas, Bendigo Health, Annecto, Home Instead and NDIS clients.
- Goodwin Village can travel to other towns to provide services if required
- 'Fee for service' available for people paying themselves.

GOODWIN VILLAGE

RETIREMENT UNITS

Goodwin Village has a range of retirement Units. All are currently occupied. Features of the Units are....

- A financial deal to suit everyone.
- No maintenance or garden worries anymore.
- Priority on waiting list for Goodwin Village residential care at end of occupancy.

The Village maintains a 'no obligation' waiting list for anyone interested in Units generally, or a particular Unit. The waiting list gives a person 'first offer' on the unit when it eventually becomes vacant.

The Village is always looking to build more new units to meet demand. If people are looking for a new retirement unit, they are welcome to make an inquiry

ACTIVITIES

Another 2 months have flown by and it is still raining in November. With the weather finally warming up, it will be nice to be able to sit outside and enjoy some sunshine & to look at the beautiful flowers in the garden.

We had our first bus trip in over 2 years which residents thoroughly enjoyed. They were reminiscing about when they were 16 going to dances at the Litchfield Hall, playing cricket at Rich Avon, seeing Guthrie's woolshed, little lake Buloke filling up, crops & all the water laying in paddocks & along the roads and pointing out where people used to live.

The Donald Primary School prep students visited us in Riverside Lounge presenting their marvellous circus show. Their performances had residents clapping & laughing along to their acts. The residents were delighted to see the children dressed up and to have a chat with them after the show.

We are lucky enough to have many volunteers come and spend time with the residents and provide some lovely entertainment. Julie Brandon volunteers once a week doing one-on-one pampering, afternoon tea group chats or car drives for the residents. Bev Gilmour and her singers on a Tuesday morning fill Riverside lounge with the sound of sweet singing. Once a month on a Friday afternoon Mary Herben, Gill Sands, Kerry Brennan, Anne Livingston & anyone else they can convince to sing come in to the Village and the residents really look forward to this entertainment.

The Oaks Day luncheon was held this year instead of Melb Cup Day. Residents enjoyed the finger food supplied by Birchip Bakery. Prizes were handed out to the Melb Cup place getters from our sweeps and prizes also awarded to our 'best dressed' residents, those being Hazel Clark, Marion Bayles and Jan Jones. All residents were given a number for the day and this was their horse for each of the races that day. Residents had a fun and enjoyable day watching each race and barracking for their horses to see if a prize was coming their way.

Kevin from Parkers Mini Circus came and put on an entertaining morning. Kevin has been travelling with his birds & rabbits for numerous years and is a regular at the Donald Show. The residents had plenty of laughs and were very fortunate to have the opportunity to see Kevin & his band of animals.

Wishing everyone a wonderful & safe Christmas & a happy & healthy New Year!!



Goodwin Village regularly seeks both positive and negative input and feedback from residents, carers, the workforce and others about services and care given. This can be made formally or informally, written or verbally to Goodwin Village. We have written complaint forms and these are available at reception.

Feedback and complaints help us to keep improving and resolve issues for everyone.



Marion, Jan & Hazel dressed up for Oaks Day



Janice talking with Harry & Mason after the Prep Circus



Joan with her great grand-daughter Daphne, after the wonderful Prep Circus



Residents enjoying a bus trip around Donald

***** UPCOMING EVENTS *****

DECEMBER

Friday 2nd – Anglican Church Service 2pm
Monday 5th – Special guest – singing 2pm
Thursday 8th – St Mary's School Visit 10am
Friday 9th – Village Singers 2pm
Monday 12th – Resident Meeting at 10.30am
Wednesday 14th – Primary School – Carols 10am
Thursday 15th – Catholic Mass 2pm
Friday 16th – Resident & Staff Christmas Lunch
Tuesday 20th – Bev Gilmour & Singers 10.30am
Wednesday 21st – Uniting Church 2pm
Sunday 25th – Christmas Day
Monday 26th – Boxing Day
Tuesday 27th – Public Holiday
Saturday 31st – New Year's Eve

JANUARY

Friday 6th – Anglican Church Service 2pm
Monday 9th – Resident Meeting 10.30am
Friday 13th – Village Singers 2pm
Tuesday 17th – Bev Gilmour & Singers 10.30am
Wednesday 18th – Uniting Church Service 2pm
Thursday 19th – Catholic Mass 2pm

Birthdays

DECEMBER

5th December – Steve Currie

JANUARY

1st January – Doris Jones
5th January – Lorna Hurst

Happy Birthday to you all!



Resident Profile

Name: Haydn Jones

Where were you born? Brunswick Victoria

Did you have a nickname when you were young? Bugs

First job? Knitter

What were you best at in school? Nothing really

Where and when were you married? Frankston Baptist Church
in 1985

What things did you and your best friend love to do? Go to the
gym

What chore did you absolutely hate when you were younger?
Washing the dishes

What was the most embarrassing thing that happened to you
when you were young? Many unfortunately

If you could have lunch with one person, who would it be? My
wife Jan

Favourite Meal: Parmigiana

Favourite Dessert: Apple & custard

Favourite drink: Lemon Mineral Water

Favourite Singer: Cole Porter

Favourite Flower: Sunflowers

Favourite Colour: Yellow

Favourite Book: A book I produced, Melbourne Street directory



Families & friends are advised that our gazebo in
Riverside Lounge Gardens is now available for use by families
and visitors. 🤗



Staff Profile

Name: Bimala Roka

Where were you born? Nepal

Did you have a nickname when you were younger? Many,

Maya, Nani, Totla, Don

First job? Nurse

What were you best at in school? Art was my favourite, but fairly good in all subjects

What did you and your best friend love to do together?

Shopping, travel, going to the movies

Where and when were you married? Nepal in 2018

What chore did you hate when you were young? Cooking

If you could have lunch with one person, who would it be? My husband and baby

Favourite meal: All types, especially Momo – Nepalese dish

Favourite dessert: Ice-Cream

Favourite drink: Any soft drinks

Favourite colour: Pink, Green, Red & White

Favourite flower: Roses

Favourite book: How to become a people magnet

Merry
Christmas





MISSION STATEMENT

Reflecting the motto “*Caring for Friends*” Goodwin Village has a commitment to provide quality care and support to the aged community in a professional and ethical manner.

Goodwin Village is committed to being a centre of excellence, and to providing safe and effective services.

Goodwin Village is committed to providing quality of life, independence and well-being

Goodwin Village is committed to providing a safe and respectful environment

Goodwin Village is committed to providing and maintaining quality buildings and facilities that meet the needs of residents and staff.

Goodwin Village is committed to providing quality staff that are skilled, qualified, and receive ongoing training.

VALUES STATEMENT

Goodwin Village values:

- Choice – we encourage and promote individual choice and independence
- Respect – we believe everyone is unique; we listen and demonstrate care compassion in everything we do.
- Care – we care and aim to continually improve practices.
- Passion – we love what we do and encourage creativity and diversity.
- Teamwork – we work together and support each other.
- We value and appreciate Community and Government support.